

FALL SESSION 2 PROGRAM GUIDE YMCA OF MIDDLETOWN NOV 18-JAN 26 REGISTRATION BEGINS NOV 4



NO CLASSES: NOV 28*, DEC 23-27, 31* & JAN 1* (*FEES HAVE BEEN ADJUSTED)

REGISTRATION DETAILS:

- Must have an active YMCA Family Membership.
- To register online or through our app, a current e-mail address must be on file prior to registration.
- Three or more unexcused absences from a FREE program may result in being asked to forfeit the spot.
- Children age 5 & under must have a parent/guardian present during program time.
- A parent/guardian of children 12 & under must remain at the Y.
- Credits will only be issued when withdrawal from class is due to a medical reason. Visit our website for cancellation/refund policies.
- The YMCA may cancel/combine classes at any time.

TO VIEW OUR PROGRAM POLICIES VISIT:
WWW.MIDDLETOWNYMCA.ORG
ALL YMCA CLASSES & SCHEDULES ARE SUBJECT TO CHANGE.

SPORTS & ARTS

INFANTS & TODDLERS: AGES 6-36 MONTHS

| | | | |
|------|---------------------------------|-----------------|------|
| WED | Play, Make & Take (2-5) | 1:00pm-1:45pm | \$25 |
| THUR | Toddler Time (9M-3Y) | 10:30am-11:15am | FREE |
| FRI | Music & Movement (6M-36M) | 10:00am-10:30am | FREE |
| | Family Music & Movement (6M-5Y) | 10:45am-11:15am | FREE |
| | Family Music & Movement (6M-5Y) | 11:30pm-12:00pm | FREE |

PRESCHOOLERS: AGES 3-5 YEARS

| | | | |
|---------------------------------|-------------------------------------|---------------------------------|-----------------|
| MON | Intro to Acting | 5:30pm-6:00pm | FREE |
| | Intro to Step/Dance (3-7) | 6:15pm-6:45pm | \$54 |
| TUES* | Basketball | 5:00pm-5:30pm | \$48 |
| | Color & Craft (Parent & Child) | 5:15pm-5:45pm | \$48 |
| | Soccer | 5:45pm-6:15pm | \$48 |
| WED* | Play, Make & Take (2-5) | 1:00pm-1:45pm | \$25 |
| | T-Ball | 5:00pm-5:30pm | \$48 |
| | Intro to Music | 5:30pm-6:00pm | \$25 |
| | Multi Sports | 5:45pm-6:15pm | \$48 |
| THUR* | YMCA Youth Choir (3-17) | 6:15pm-7:00pm | FREE |
| | Toddler Time (9M-3Y) | 10:30am-11:15am | FREE |
| | FRI | Family Music & Movement (6M-5Y) | 10:45am-11:15am |
| Family Music & Movement (6M-5Y) | | 11:30pm-12:00pm | FREE |
| SAT | Soccer | 9:15am-9:45am | \$54 |
| | Gymnastics: Beginner | 9:45am-10:15am | \$90 |
| | Intro to Dance (3-5) Parent & Child | 12:15pm-12:45pm | \$54 |

YOUTH: AGES 6-12 YEARS

| | | | |
|-------|-----------------------------------|-----------------|-------|
| MON | Basketball (6-8): Beginner | 5:30pm-6:30pm | \$72 |
| | Gymnastics: Beginner | 5:45pm-6:30pm | \$90 |
| | Intro to Step/Dance (3-7) | 6:15pm-6:45pm | \$54 |
| | Actin' Up - Drama Team | 6:15pm-7:00pm | \$54 |
| | Gymnastics: By Invitation Only | 6:30pm-7:15pm | \$90 |
| TUES* | Basketball (9-12): Beginner | 6:30pm-7:30pm | \$72 |
| | Homeschool Music | 1:00pm-1:45pm | \$48 |
| | Homeschool Color Pencil Art | 2:00pm-2:45pm | \$48 |
| | Girls Basketball (8-14): Beginner | 4:30pm-5:30pm | \$48 |
| | Group Guitar | 5:00pm-5:45pm | \$64 |
| | Rock Climbing (8-11): Int/Adv | 5:45pm-6:30pm | \$64 |
| | Intro to Sewing (Parent & Child) | 6:00pm-7:00pm | \$64 |
| WED* | Soccer (6-8) | 6:30pm-7:15pm | \$64 |
| | Girls Fit | 4:00pm-4:45pm | \$25 |
| | Kids Fit | 5:00pm-6:00pm | \$25 |
| | YMCA Youth Choir (3-17) | 6:15pm-7:00pm | FREE |
| THUR* | Keyboard | 6:15pm-7:00pm | \$64 |
| | Let's Paint | 5:00pm-5:45pm | \$48 |
| | Pickleball (9-12) | 5:00pm-5:45pm | \$64 |
| SAT | Volleyball (10-16) | 5:30pm-6:30pm | \$64 |
| | Color Pencil Art | 5:45pm-6:30pm | \$48 |
| | Gymnastics: By Invitation Only | 9:00am-9:45am | \$90 |
| | Flag Football | 9:15am-10:00am | \$72 |
| | Group Guitar | 10:00am-10:45am | \$72 |
| | Soccer (6-8) | 10:00am-10:45am | \$72 |
| | Basketball (6-8): Beg/Int | 10:00am-10:45am | \$72 |
| | Gymnastics: Beginner | 10:15am-11:00pm | \$90 |
| | Acting & Improv (10+) | 11:00am-12:00pm | \$54 |
| | Soccer (9-12) | 11:00am-11:45am | \$72 |
| | Keyboard | 11:00am-11:45am | \$72 |
| | Gymnastics: Advanced | 11:00am-12:30pm | \$125 |
| | Basketball (9-12) | 12:00pm-12:45pm | \$72 |
| | Dance Choreography (All Levels) | 1:00pm-1:45pm | \$54 |
| | Chess | 1:00pm-2:00pm | FREE |

TEENS & ADULTS: AGES 13+ YEARS

| | | | |
|-------|-----------------------------------|-----------------|------|
| TUES* | Group Guitar (13+) | 10:00am-10:45am | \$64 |
| | Teen Strength & Endurance (13-17) | 4:00pm-4:45pm | FREE |
| | Girls Basketball (8-14) Beginner | 4:30pm-5:30pm | \$48 |
| WED* | Group Guitar (13+) | 6:00pm-6:45pm | \$64 |
| | Keyboard/Piano (18+) | 10:00am-10:45am | \$64 |
| | YMCA Youth Choir (3-17) | 6:15pm-7:00pm | FREE |
| THUR* | Keyboard (13+) | 7:00pm-7:45pm | \$64 |
| | Teen Strength & Endurance (13-17) | 4:00pm-4:45pm | FREE |
| | Volleyball (10-16) | 5:30pm-6:30pm | \$64 |
| SAT | Poetry Club (13+) | 5:30pm-6:30pm | \$48 |
| | Acting & Improv (10+) | 11:00pm-12:00pm | \$54 |
| | Teen Strength & Endurance (13-17) | 1:15pm-2:00pm | FREE |
| | Line Dance Class (13+) | 2:00pm-2:45pm | \$54 |

VISIT OUR WEBSITE FOR CLASS DESCRIPTIONS
www.middletonymca.org/programs

PRIVATE LESSONS

ART | ACTING | CRAFTING | DANCE | MUSIC & VOICE

\$45 PER LESSON OR 4 FOR \$140

CONTACT: MAXIMILIAN MEZETIN

(P) 347 869 5316 (E) PERFORMINGARTS@MIDDLETOWNYMCA.ORG

GYMNASTICS

FRIDAYS | 5PM-7PM

CONTACT: KEVIN DORELUS

(P) 845 956 1512 (E) KDORELUS@MIDDLETOWNYMCA.ORG

JUNIOR & TEEN LEADERS CLUB

The Y Junior Leaders and Teen Leaders Clubs provide a safe haven for local youth and teens to engage in positive activities under the guidance of adult mentors who help them become confident and contributing members of the community. Activities include attending weekly meetings, developing club goals and activities, fundraising and attending annual youth leadership rallies and leaders school along with other YMCA Youth Leaders Clubs.



CONTACT: BRITTANY BINNIE-DORELUS

(E) bbinnie@middletownymca.org

(P) 845 395 1021

MAKING BIRTHDAY CELEBRATIONS SPECTACULAR

YMCA MEMBER FEE: \$275

NON MEMBER FEE: \$375



- Parties should be booked at least 2 weeks in advance and are subject to availability.
- Fee includes 15 guests, NOT including the guest of honor.
- Additional guests may be added at \$5/guest, due on the event date.
- Additional guests of honor may be added at \$20/guest.
- A non-refundable \$50 deposit is required to reserve a date.
- Parties must be paid in full before the party date.

RESERVE YOUR PARTY TODAY

POOL PARTY

Make your next party a splash in our **POOL**.

Saturday 3:00PM-5:00PM | Sunday 2:30PM-4:30PM

CONTACT: CHRISTINE DIRKS

(E) cdirks@middletownymca.org | (P) 845 956 1549



SPORTS PARTY

Make your next party a big hit in the Lyons Den with games lead by one of our sports instructors.

Sunday 11:00PM-1:00PM

CONTACT: KEVIN DORELUS

(E) kdorelus@middletownymca.org | (P) 845 956 1512



BASE CAMP

TIME AVAILABLE FOR KIDS

STRONG KIDS ZONE

MON, TUES & THURS, 5:30PM-6:15PM | FREE

Strong Kids Zone is a circuit training class just for kids, age 10-12. Kids are supervised by one of our Wellness Center trainers. **NO REGISTRATION REQUIRED!**

FAMILY FITNESS TIME

WED & FRI, 5:30PM-7:00PM | SUN, ALL DAY | FREE

Parents/guardians may work out with their kids, age 10-12. Children must be accompanied by an adult in Base Camp. **NO REGISTRATION REQUIRED!**

PRESCHOOL & UNIVERSAL PRE-K

YMCA BUILDING BLOCKS - 2 YEAR OLDS & FIRST STEP PRESCHOOL - 3&4 YEAR OLDS
THE CENTER FOR YOUTH PROGRAMS - 6 LIBERTY STREET MIDDLETOWN, NY

Help your child develop the skills needed to succeed by enrolling in our affordable, quality preschools. Our schools are located at The Center For Youth Programs on Liberty Street in Middletown. Each day, children are challenged by a fun-filled age appropriate curriculum developed by nurturing and experienced teachers to help students grow individually. Our curriculum even includes weekly swim lessons!



REGISTER ONLINE TODAY:

WWW.MIDDLETOWNYMCA.ORG/PRESCHOOL

CLUB KID BEFORE & AFTER SCHOOL PROGRAM REGISTER ONLINE TODAY!

The YMCA's before and after school program is offered in twelve school districts throughout Orange County and is licensed by the Office of Children and Family Services. Our well trained staff are fingerprinted and must undergo a background check prior to employment. While having fun in a safe, nurturing, and supervised environment, children choose from a variety of activities to suit their own individual needs and interests.

CHESTER MIDDLETOWN PORT JERVIS
CORNWALL MINISINK VALLEY CENTRAL
FLORIDA MONROE-WOODBURY WALKKILL
GOSHEN PINE BUSH WASHINGTONVILLE



REGISTER ONLINE TODAY:

WWW.MIDDLETOWNYMCA.ORG/CLUB-KID

WE'RE HIRING - COUNSELORS NEEDED

Scan the QR code above to learn more.

SAVE THE DATES

BLOOD DRIVE | OCT 25

SOUTH ORANGE FAMILY YMCA

TABLE TENNIS TOURNAMENT | NOV 16

YMCA OF MIDDLETOWN

ZUMBATHON | NOV 23

SOUTH ORANGE FAMILY YMCA

SANTA DAY | DEC 7

SOUTH ORANGE FAMILY YMCA

DROP & SHOP | DEC 14

YMCA OF MIDDLETOWN

BLOOD DRIVE | DEC 27

SOUTH ORANGE FAMILY YMCA

FOLLOW US ON FACEBOOK @YMCAOFMIDDLETOWN
OR VISIT WWW.MIDDLETOWNYMCA.ORG/NEWS
FOR EVENT DETAILS.