



**SOUTH ORANGE FAMILY YMCA
LITTLE GYM SCHEDULE
Nov. 13, 2023 - Feb. 4, 2024**

SOUTH ORANGE FAMILY YMCA
45 Gilbert Street Ext.
Monroe, NY 10950
(P) 845 782 9622
www.middletownymca.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-9:30 Family Gym	5:00-9:30 Family Gym	5:00-9:00 Family Gym	5:00-9:00 Family Gym	5:00-9:30 Family Gym	8:15-9:00 Open Court	8:00-8:45 Gymnastics Set up
9:30-10:00 Inspire	9:30-10:00 Inspire	9:00-10:00 Open Gym	9:00-10:00 Open Gym	9:30-10:00 Inspire	9:00-9:30 Multi-Sports \$ Age 3-5	9:00-9:30 Gymnastics \$ Age 3-5
10:00-12:00 Open Gym	10:00-12:00 Open Gym	10:00-12:00 Open Gym	10:00-12:00 Open Gym	10:00-12:00 Open Gym	9:30-10:00 T-Ball \$ Age 3-5	9:45-10:30 Gymnastics \$ Intermediate Age 6-12
12:00-2:00 Learn to Play Pickleball	12:00-3:00 Family Basketball	12:00-3:00 Family Basketball	12:00-3:00 Family Basketball	12:00-2:00 Learn to Play Pickleball	10:45-11:30 Multi-Sports \$ Age 6-12	10:45-12:45 Gymnastics \$ Advanced Age 6-12
2:00-5:00 Open Gym	3:00-4:50 Open Gym	3:00-4:00 Open Gym	3:00-4:00 Open Gym	3:00-4:00 Open Gym	11:45-12:30 Tennis \$ Ages 6-12	1:00-3:00 Gymnastics \$ Int/Adv Age 6-12
5:00-6:45 Youth Center	5:00-6:00 Youth Center	4:00-8:00 Gymnastics \$ Private Lessons	4:00-8:00 Gymnastics \$ Private Lessons	4:00-6:30 Open Gym	12:30-2:30 Open Gym	
7:00-8:30 Adult Basketball Age 18+	6:15-8:15 Pickleball All Levels Age 18+					

GYM SCHEDULE KEY

Adult Pickleball: Adults, 18+, may come to participate in organized gameplay.

Adult Basketball: Adults, 18+, may come and participate in organized gameplay.

Family Basketball: Members may come to shoot baskets with family. When more than one group wants to play, then each group must use half-court only.

Family Gym: Parents may come with their children to shoot baskets, play soccer, etc.

Learn to Play Pickleball: Members may come and learn to play with instruction from an experienced player. This is a free member benefit.

Open Gym: Can use full court. Ask to set up soccer nets if you wish to play soccer.

Youth Center: Children from the Youth Center have use of the gym for organized play with Youth Center Staff.

Activities in this key are included with membership unless noted with a \$.

Activities noted with a \$ require registration.

There are No Programs during Break Week.

Schedule is subject to change.

