



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**GOOD
TIDINGS
WE BRING!**

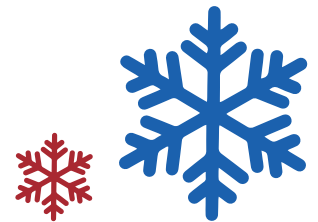


HOLIDAY CHALLENGE SOUTH ORANGE FAMILY YMCA

Starts: Friday, November 24, 2023

Ends: Monday, January 1, 2024

Participation Fee: \$10



Challenge yourself to a weekly “good deed” for **you** & the **community**!

A good deed for you includes: setting a goal for yourself such as a weight/strength goal or a goal to learn something new at the Y by trying a new machine or class!

A good deed for the community includes: donating to the Angel Giving Tree, New Toy Drive, or local food pantry.

Each individual good deed (for yourself or the community) earns the participant a raffle ticket. One raffle is picked weekly.

FOR MORE INFORMATION SCAN THE QR CODE OR VISIT:
WWW.MIDDLETOWNYMCA.ORG/HOLIDAY-CHALLENGE

