



**SOUTH ORANGE FAMILY YMCA
BIG GYM SCHEDULE
April 18, – June 19, 2022**

SOUTH ORANGE FAMILY YMCA
45 Gilbert Street Ext.
Monroe, NY 10950
(P) 845 782 9622
www.middletownymca.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-11:30 Adult Basketball Age: 19+	5:00-11:30 Adult Basketball Age: 19+	5:00-11:30 Adult Basketball Age: 19+	5:00-11:30 Adult Basketball Age: 19+	5:00-11:30 Adult Basketball Age: 19+	7:00-10:00 Adult Basketball Age: 30+	8:00-10:00 Adult Basketball Age: 30+
11:30-3:00 Open	11:30-3:00 Open	11:30-3:00 Open	12:00-2:30 Pickleball Age: 18+	12:00-2:30 Pickleball Age: 18+	10:00-12:00 Adult Basketball Age: 19+	10:00-12:00 Adult Basketball Age: 19+
3:00-5:00 Teen Basketball Age: 13-18	3:00-5:00 Teen Basketball Age: 13-18	3:00-6:00 Teen Basketball Age: 13-18	3:00-6:00 Teen Basketball Age: 13-18	3:00-6:00 Teen Basketball Age: 13-18	12:00-2:45 Teen Basketball Age: 13-18	12:00-1:45 Family Basketball
5:00-6:00 Family Basketball	5:00-6:00 Family Basketball	6:15-7:00 Intro. To \$\$ Volleyball Age: 10-14	6:00-8:30 Adult Basketball Age: 30+	6:00-7:00 Family Basketball		
6:00-8:30 Adult Basketball Age: 19+	6:00-8:30 Adult Basketball Age: 19+	7:15-8:15 \$\$ Girls Volleyball Age: 10-14		*Kids Night Out 6:00-9:30		
		8:15-9:00 Adult Volleyball Age: 18+				
						Updated: 5/9/22

GYM SCHEDULE KEY

Adult Basketball: Adults, 30+/19+ may come and participate in organized gameplay.

Adult Volleyball: Adults, 18+ may come and participate in organized games.

Family Basketball: Parents may come with their children to shoot baskets.

Pickleball: Adults, 18+ may come and participate in organized games.

Teen Basketball: Teens, ages 13-18 may come to shoot baskets, play a pick-up game, etc. In slots that include Family Gym, must give half-court to any family wishing to play.

Activities shown in this key are included with your membership unless noted with a \$.

A \$ notes that a program fee is required for participation.

***KIDS NIGHT OUT:** The Second Friday of every month (October - June). Family Basketball is cancelled on these nights. Check the front desk for specific dates.

Schedule is subject to change.