



# SOUTH ORANGE FAMILY YMCA LITTLE GYM SCHEDULE April 18 - June 19, 2022

SOUTH ORANGE FAMILY YMCA  
45 Gilbert Street Ext.  
Monroe, NY 10950  
(P) 845 782 9622  
www.middletownymca.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-8:30 Open Gym	5:00-8:30 Open Gym	5:00-8:30 Open Gym	5:00-8:30 Open Gym	5:00-8:30 Open Gym	7:00-8:00 Open Gym	8:00-8:45 Gymnastics Set up
9:00-10:00 Child Watch	9:00-10:00 Child Watch	9:00-10:00 Child Watch	9:00-10:00 Child Watch	9:00-10:00 Child Watch	8:15-8:45 <b>T-Ball \$</b> <b>Age: 3-5</b>	8:45-9:30 <b>Gymnastics \$</b> <b>Age: 3-5</b>
10:00-11:45 Family Gym	10:00-11:45 Family Gym	10:00-11:45 Family Gym	10:00-11:45 Family Gym	10:00-11:45 Family Gym	9:00-9:30 <b>Multi-Sports \$</b> <b>Age: 3-5</b>	9:45-10:30 <b>Gymnastics \$</b> <b>Intermediate</b> <b>Age: 6-12</b>
12:00-2:30 Adult Pickleball Age: 18+	12:00-2:30 Adult Pickleball Age: 18+	12:00-2:30 Adult Pickleball Age: 18+	12:00-2:30 Adult Pickleball Age: 18+	12:00-2:30 Adult Pickleball Age: 18+	9:45-10:30 <b>Kids Fit \$</b> <b>Age: 6-12</b>	10:45-12:45 <b>Gymnastics \$</b> <b>Advanced</b> <b>Age: 6-12</b>
3:00-4:00 Teen Gym Age: 13-17	3:00-4:00 Teen Gym Age: 13-17	3:00-4:00 Teen Gym Age: 13-17	3:00-4:00 Teen Gym Age: 13-17	3:00-4:00 Teen Gym Age: 13-17	10:45-11:30 <b>Multi-Sports \$</b> <b>Age: 6-12</b>	
4:00-5:00 Pre-Teen Gym	4:00-5:00 Pre-Teen Gym	4:30-7:45 <b>Gymnastics \$</b> <b>Private</b> <b>Lessons</b>	4:30-7:45 <b>Gymnastics \$</b> <b>Private</b> <b>Lessons</b>	4:00-4:50 Pre-Teen Gym	12:00-1:30 <b>Instructional</b> <b>Volleyball</b> <b>Age: 15+</b>	
5:15-6:00 <b>Basketball \$</b> <b>Age: 6-8</b>	5:00-6:00 Youth Center	7:45-8:45 Teen Gym Age: 13-17	7:45-8:45 Teen Gym Age: 13-17	5:00-6:45 Family Basketball	1:45-2:45 Teen Gym Age: 13-17	
6:15-7:00 <b>Basketball \$</b> <b>Age: 9-12</b>	6:15-8:30 Adult Pickleball Age: 18+			*Kids Night Out 6:00-9:30		
7:15-8:45 Gym Rental <b>\$\$</b>						

Updated: 4/14/22

### GYM SCHEDULE KEY

**Family Gym:** Parents may come with their children to shoot baskets, play soccer, etc. Use of half-court only.

**Family Basketball:** Members may come to shoot baskets with family. When more than one group wants to play, then each group must use half-court only.

**Pickleball:** Adults, 18+ may come and participate in organized games.

**Child Watch/Youth Center:** Children from the Child Watch/Youth Center have use of the gym for organized play with Child Watch/Youth Center Staff.

**\*Kids Night Out:** KNO takes place once per month and will effect the end time of the preceding Family Basketball time on Fridays by 45 minutes for set-up. Please see front desk for specific dates.

**Activities shown in this key are included with your membership unless noted with a \$.**

**A \$ notes that a program fee is required for participation.**

**Schedule is subject to change.**