



SOUTH ORANGE FAMILY YMCA SPRING I GYM SCHEDULE March 1 - April 25, 2021

SOUTH ORANGE FAMILY YMCA
45 Gilbert Street Ext.
Monroe, NY 10950
(P) 845 782 9622
www.middletownymca.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-11:30 Hoop Shoot/ Family Gym	6:00-12:00 Hoop Shoot/ Family Gym	6:00-11:30 Hoop shoot/ Family Gym	6:00-1:00 Hoop Shoot/ Family Gym	6:00-11:30 Hoop Shoot/ Family Gym	8:15-8:45 T-Ball \$ Age: 3-5	8:00-9:00 Gymnastics Set up
12:00-2:30 Pickle ball	12:00-2:45 Hoop Shoot/ Family Gym	12:00-2:30 Pickle ball	1:30-2:15 Home School Phys. Ed.	12:00-2:30 Pickle ball	9:00-9:30 Multi-Sports \$ Age: 3-5	9:00-9:30 Gymnastics \$ Age: 3-5
3:00-4:30 Teen Basketball	3:00-6:00 Teen Basketball/ Family Gym	3:00-5:00 Teen Basketball	2:30-5:00 Teen Basketball	3:00-5:00 Teen Basketball	9:45 -10:30 Multi-Sports \$ Age: 6-12	9:45-10:30 Gymnastics \$ Intermediate Age: 6-12
5:15-6:00 Basketball \$ Beg. Age: 6-8	6:00-6:30 Youth Center	5:15-6:00 Kids Mix Age: 6-12	5:15-5:45 Stay and Play \$	*5:00-7:00 Hoop Shoot/ Family Gym	10:45-11:30 Kids Fit Age: 6-12	11:00-12:30 Gymnastics \$ Advanced Age: 6-12
6:15-7:00 Basketball \$ Age: 9-12	6:30-7:15 Kids Mix Age: 6-12	6:30-7:30 Volleyball Training \$ Age: 10-14	6:15-7:00 Gymnastics \$ Age: 5-12 All levels		11:45-12:30 Soccer \$ Age: 6-9	
7:00-8:30 Basketball \$ Adv. Age: 9-12	7:15-8:30 Adult Basketball	7:30-8:30 Adult Volleyball	7:15-8:00 Kids Mix Age: 6-12			

GYM SCHEDULE KEY

- Adult Basketball:** Adults, 18 + may come and participate in organized gameplay.
 - Adult Volleyball:** Adults, 18+ may come and participate in organized gameplay.
 - Family Gym:** Parents may come with their children to shoot baskets, play soccer, etc. Use of half-court only.
 - Hoop Shoot/Family Gym:** Members may come to shoot baskets by themselves or with family. When more than one group wants to play, then each group must use half-court only.
 - Pickleball:** Adults, 18+ may come and participate in organized gameplay.
 - Teen Basketball/Gym:** Teens, ages 13-18 may come to shoot baskets, play a pick-up game, etc. In slots that include Family Gym, must give half-court to any family wishing to play.
 - Youth Center:** Children from the Youth Center have use of the gym for organized play with Youth Center Staff.
- All activities shown in this key are included with your membership.**

\$ Notes a program fee is required for participation.

***The Second Friday of Every Month is KIDS NIGHT OUT.**

