SOUTH ORANGE FAMILY YMCA

WINTER GYM SCHEDULE

Jan. 11 - . Feb. 28, 2021

SOUTH ORANGE FAMILY YMCA
45 Gilbert Street Ext.
Monroe, NY 10950
845.782.9622
www.middletownymca.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-11:30 Hoop Shoot	6:00-12:00 Hoop Shoot	6:00-11:30 Hoop Shoot	6:00-1:00 Hoop Shoot	6:00-11:30 Hoop Shoot	8:15-8:45 **T-Ball** **3-5 y/o**	8:00-9:00 **Gymnastics** **Set up**
12:00-2:30 **Pickleball**	12:00-2:45 Hoop Shoot	12:00-2:30 **Pickleball**	1:30-2:15 **Home School** **Phys. Ed.**	12:00-2:30 **Pickleball**	9:00-9:30 **Multi-Sports** **3-5 y/o**	9:45-10:30 **Gymnastics $** **Intermediate**
3:00-4:30 Teen Basketball 3 v 3	3:00-4:30 Teen Basketball 3 v 3	3:00-5:00 Teen Basketball 3 v 3	2:30-5:00 Teen Basketball 3 v 3	3:00-5:00 Teen Basketball 3 v 3	9:45 -10:30 **Multi-Sports** **6-12 y/o**	11:00-12:30 **Gymnastics $** **Advanced**
5:15-6:00 **Basketball Beg.** **6-8 y/o**	5:15-6:00 **Kids Mix** **5-12**	5:15-6:00 **Kids Mix** **5-12**	5:15-5:45 **Stay and Play**	5:00–7:00 Hoop Shoot	10:45-11:30 **Kids Fit** **6-12 y/o**	
6:15-7:00 **Basketball** **9-12 y/o**	6:30-8:30 Adult Basketball 3 v 3	6:00-7:15 **Volleyball** **Training $** **10-14 y/o**	6:15-7:00 **Gymnastics $** **5-12 y/o** **All levels**		11:45-1:45 **Pickleball**	
7:00-8:30 **Basketball** **9-12 y/o** **Adv.**		7:30-8:30 Adult Volleyball	7:15-8:30 Adult Basketball 3 v 3			

GYM SCHEDULE KEY

HOOP SHOOT–Members reserve a 30 slot to shoot baskets by themselves or with family.
CYCLE - Cycle class held in the gymnasium 2x/week.

****The First Two Friday's of Every Month is KIDS NIGHT OUT***

Schedule is Subject To Change