



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

REOPENING PLAN

YMCA OF MIDDLETOWN
SOUTH ORANGE FAMILY YMCA

AUGUST 2020



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REOPENING PLAN OVERVIEW

YMCA OF MIDDLETOWN & SOUTH ORANGE FAMILY YMCA August 2020

The YMCA of Middletown's and the South Orange Family YMCA's top priority is to provide wellness facilities, programs and services in a safe and effective manner. The YMCA's reopening plan prioritizes the health and well-being of our members, staff and the communities we serve, taking into account the guidelines and recommendations of the CDC as well as state and local government authorities. In addition, our Leadership Staff and our Board of Directors play an integral role, by ensuring all decisions are informed by the most up-to-date and relevant public health information and by providing perspectives and guidance during this planning process.

The Y's staged reopening plan actualizes the following assumptions for operations as they relate to the global coronavirus pandemic and its local implications on public health:

- Stages* are not time-based and entering into subsequent stages will rely on guidance from the CDC, Governor's orders, as well as the Y's confidence in enforcing compliance with all COVID preventative measures; therefore, phases may be modified and revised as guidance changes
- Social or physical distancing means maintaining a distance of at least six feet and preventing large gatherings
- Meeting health and community needs will be balanced and focused on preventing the spread of COVID-19 though limiting specific area usage

***Note:** The "stages" referred to in this Plan are not intended to align with the phases imposed by state or local governments. The Y's stages refer only to its own internal reopening phases.

The following outlines each stage of opening the YMCA's wellness centers, services and programs. Each stage outlines expectations, policies and procedures for people, facilities, programs and activities and provides a summary of each COVID transmission prevention measure that will be implemented in each stage. The Y will not move into subsequent stages of this plan until the Y deems its safety protocols to be successful and its members to be cooperative in adhering to social distancing guidelines. The Y will maintain our close relationship with applicable government departments, Y Alliance, and our Board of Directors to ensure all practices prioritize the health and safety of our staff, members and community.

For questions or concerns regarding the YMCA's Reopening Plan, contact Ellen Beadle, Executive Director, South Orange Family YMCA, at ebeadle@middletownymca.org or Stephanie Blumenberg, Executive Director, YMCA of Middletown, at sb@middletownymca.org.

STAGE 1

Stage 1 reintroduces our community to utilizing the YMCA under new COVID-19 restrictions which includes limited offerings and hours. This stage includes access to the Y for lap swim, aquacize, and family swim. It also allows for outdoor limited capacity group exercise classes and outdoor personal fitness spaces. All offerings are by reservation only. Social and physical distancing practices will be implemented in all operations. Access to the buildings will only be allowed for aquatics, where members can use designated locker rooms and restrooms. There will be no access to the main branches or to restrooms for outdoor offerings.

STAGE 2

Stage 2 maintains the social and physical distancing practices of Stage 1 while extending our hours of operation and opening more areas of the facility including additional limited capacity group exercise classes, additional activities in the pool, as well as youth and family programs. Throughout this stage, more areas of the Y will reopen as deemed safe to do so by our Leadership Staff and Board of Directors, and will be based on NYS and local guidelines. Social and physical distance guidelines will remain in place through the duration of this stage. As in Stage 1, if any area poses a challenge for social or physical distancing or for sanitation, the area will be closed until new procedures can be implemented.

STAGE 3

Stage 3 will continue with stringent protocols as implemented in Stage 1 & 2. The Y will expand on offerings, as guidelines and safety protocols allow, including, but not limited to Child Watch, Youth Center, and Adult Sports.

STAGES OF REOPENING

Stage 1—July 20th -September 1st:

Staff orientations on new protocols; begin outdoor offerings by reservations; updated member waivers being signed.

Stage 2—Beginning September 2nd:

Staff orientations on new protocols continue; begin indoor offerings and expand outdoor offerings. Updated member waivers being signed.

Stage 3—Date TBD:

Open additional areas and increase offerings.

AREA/PROGRAM TYPE	STAGE 1 July 20-September 1 Opening with restrictions Hours of Operation: M-F 7am-7pm Sat 8am-1pm Sun Closed	STAGE 2 September 2 Additional areas and programs opening with restrictions Hours of Operation: M-TH 7am-8pm Fri 7am-7pm Sat 8am-1pm Sun Closed	STAGE 3 Date TBD Additional areas and programs opening with restrictions Hours of Operation: M-TH 7am-8pm Fri 7am-7pm Sat 8am-1pm Sun Closed
Group Exercise Classes	Outdoor	Outdoor	
Cycling Classes	Outdoor	Outdoor	
Free Weights	Outdoor	Outdoor/Indoor	
Locker Rooms-For Pool Only	Family/Unisex as Adult		
Pool (Lap, Aquacize, Family Swim & Team)			
Virtual Programs			
Virtual Workouts		Y360 Link Available	Y360 Link Available
Personal Training	Outdoor	Outdoor/Indoor	
Strength Training Machines			
Cardio Equipment			
Kids Time (SOFY Only)		Outdoor	
Adult Locker Rooms (Middletown Only)		No Showers available	Showers TBD
Family Locker Rooms (Middletown Only)		No Showers available	
Youth Programs (Including swimming lessons)		September 14, 2020	
Child Watch			October 2020
Youth Center			October 2020
Adult Sports (Pickleball, Volleyball, Basketball, Soccer, Ping Pong)			October 2020
YMCA Boxing			TBD
Locker Rooms (SOFY)			TBD
Sauna & Steam Room			TBD
New Breed Boxing			TBD
Guests			TBD

Things to Know Before Entering the Building

- Current Hours of Operation: Changes will be announced via social media, email and signage as we enter into each Stage. We strongly encourage all Members to follow us on social media, download our app, and check emails frequently for updates.
- Masks are required by all who enter the building, and per NYS mandate—must be worn at all times. **Per NYS Guidelines, acceptable face coverings are cloth-based face coverings and disposable masks that cover both the mouth and nose. Bandanas, buffs, and gaiters are NOT acceptable for use in fitness centers and gyms.**
- Health Screenings will be conducted on every visit. Please see Health Screening questions on page 7.
- **Please arrive 15 minutes prior to your reservation or program start time to allow for the check-in and health screening process to be completed.**
- Members and Staff must sanitize hands upon entering the building.
- New room capacity limits will be posted and monitored throughout the building.
- Due to limited capacity, we are not accepting day passes at this time. No GUESTS or visitors are allowed access at this time.
- Member access is restricted to ages 13 and older through September 13th. Youth Programs begin September 14th.
- There are controlled one way traffic patterns, please follow directional arrows throughout facilities.
- Hand sanitizer dispensers are available throughout the facility.
- CDC-approved disinfectants are used throughout the facility to ensure cleanliness.
- Nightly deep-cleaning and sanitizing will continue to take place after business hours.
- Increased signage is visible throughout the building to ensure social distancing, frequent handwashing and to remind members to disinfect equipment. We will review these guidelines regularly and communicate changes when necessary.
- At the start of Stage 2, the Men's & Women's Locker Rooms will be available in Middletown only however, showers will not be available until further notice. Due to limited capacity, due to social distancing, members should plan to come to the Y prepared to exercise and leave in the same gear.
- Water fountains have been turned off. Staff and Members must bring their own water or purchase water bottles from the Welcome Center.
- **Anyone entering the building who is unwilling to comply with the NYS and YMCA's COVID transmission prevention measures will be denied access.**

Guidelines for Staff

The foundation of the successful reopening of facilities starts with the staff's preparedness and capacity to execute the plan. It is imperative that staff are provided with a healthy work environment, proper training and the tools and resources to effectively perform their assigned duties. The way we operate our facilities and interact with members needs to change and therefore, the employees' roles will also need to change. The reopening plan requires employees to perform new and different tasks than they were originally hired to do. According to the Occupational Safety and Health Administration (OSHA), most American workers will likely experience low (caution) or medium exposure risk levels at their job or place of employment. As an employer, we will pay particular attention to how best to decrease the spread of COVID-19 and lower the impact in our workplace. This will include:

- Maintaining healthy personnel policies and practices focusing on health and hygiene to prevent the spread of COVID-19 and other communicable illnesses
- Maintaining a healthy work environment
- Preparing staff for reopening and preventing/reducing risk of infection

Best practice for staff will include routine cleaning of frequently touched surfaces (for example: tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks) with household cleaners and EPA-registered disinfectants that are appropriate for the surface, following label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions to be taken when applying the product, such as wearing gloves and having good ventilation during the use of the product. Products with EPA-approved emerging viral pathogens claims are expected to be effective against COVID-19 based on data for harder to kill viruses. Staff will follow department specific cleaning guidelines and practices.

Staff Requirements:

- Staff must wear masks as recommended by NYS and the CDC at all times.
- Staff must enter through the main entrance. Staff are not allowed to use alternate entrances.
- Staff must have temperature taken upon arrival. Anyone with a temperature over 100.4 will be sent home immediately.
- Even with no fever detected, anyone displaying any symptoms of illness may not enter the building.
- Staff must wash and/or sanitize hands when entering and leaving the facility.
- Staff must wash their hands throughout shifts. Hand sanitizer will be available throughout the facility.
- Departments and program areas must be sanitized following department specific cleaning guidelines and practices.
- Staff in shared offices and the Welcome Center must sanitize computers, phones, counters, chairs and all shared office equipment every 60 minutes and at shift change.
- Staff must follow the manufacturer's instructions on all cleaning and disinfection products (e.g., concentration, application method, contact time, etc.).
- Staff must sanitize their hands after each cleaning task they perform.
- Staff experiencing symptoms of illnesses that are not related to COVID-19 and who are not tested for COVID-19 are required to stay home for **24 hours after** all symptoms subside without medication.
- If an employee is tested for COVID-19, whether positive or negative, a doctors note must be provided prior to returning to work.

Guidelines for Members

Upon the YMCA's reopening, Members must complete an updated Member Waiver and Health Screening.

Member Requirements:

- Members must refrain from coming to the Y if sick or if showing symptoms of illness including, but not limited to, a temperature of 100.4 or higher, a cough, shortness of breath or difficulty breathing. Members must be symptom-free for 3 days, without medication, before returning to the Y (non COVID-19 illness).
- Members who have been notified by the Department of Health of their exposure to COVID-19, may not use the Y for 14 days from the last date of exposure to the infected person.
- Members must adhere to a health screening in order to enter the Y. By checking/scanning in to our facilities, a member is confirming that they can answer NO to all the following questions:
 1. Do you feel ill today?
 2. Do you have a temperature of 100.4 or higher?
 3. Have you tested positive for COVID-19 in the past 10 days?
 4. Is there anyone in your household that has tested positive for, and/or experiencing symptoms of COVID-19 in the past 14 days?
 5. Have you traveled outside of NYS to an area with a high prevalence of COVID-19 in the past 14 days, based on the NYS travel advisory list?
 6. Have you recently been tested for COVID-19 and currently awaiting results?
- Members must sanitize hands when entering the Y, and while moving through out the facilities—additional sanitizing stations have been added.
- Members must wear a mask at all times per NYS mandate and maintain a minimum of 6 feet social distance from staff and other members.
- Members must clean machines and equipment before and after use with the CDC approved COVID-19 supplies provided.
- **Members must limit time in the Y to 90 minutes, until further notice, to allow fellow members time at the Y while operating under reduced capacity.**
- Members must adhere to the YMCA Member Code of Conduct at all times. The code of conduct has been revised to include the prevention of the spread of COVID-19 and other communicable diseases.

Members who are not compliant with the new policies and protocols, will be asked to leave the facility immediately.

Guidelines for Reporting

If a staff or member who has been in the YMCA reports they tested positive for COVID-19, the Y will maintain the confidentiality of the individual while coordinating with proper health authorities, reporting the potential exposure. The Y would communicate the reported case to all staff and members of that particular location. The Y would also deep clean per CDC guidelines, and employees who came in close contact with the individual will be quarantined for 14 days. Other levels of exposure to the infected individual would result in employee self-monitoring. CDC guidelines for handling exposure and mitigating risk if exposure happens in a YMCA facility will be strictly followed.

GENERAL INFO			
	STAGE 1	STAGE 2	STAGE 3
HOURS OF OPERATION	MON-FRI 7AM-7PM SAT 8AM-1PM SUN CLOSED	MON-THUR 7AM-8PM FRI 7AM-7PM SAT 8AM-1PM SUN CLOSED	MON-THUR 7AM-8PM FRI 7AM-7PM SAT 8AM-1PM SUN CLOSED
BUILDING ACCESS	<ul style="list-style-type: none"> • Restricted to Staff in the main building of Middletown and the entire SOFY building. • See page 13 for Pool Access Guidelines. • All activities are outdoors • NO GUESTS 	<ul style="list-style-type: none"> • Building access limited to 33% • Masks must be worn at all times • Members ages 13 & older only, Sept 2nd-13th. • Members age 12 & younger return Sept 14th for fall programs. • NO GUESTS 	<ul style="list-style-type: none"> • The Y will continue to announce additional changes to building access based on NYS, Orange County and YMCA guidelines
COMMON AREAS			
ENTRYWAY, LOBBY & MEMBER SERVICE DESK	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • Masks required by Staff, & Vendors in the building and all must disinfect hands upon entering. • Daily Health Screening for Staff, including temperature check (<100.4) • Lobby furniture removed • Max. Lobby Capacity Posted • Floor Decals mark places for line formation • Sneeze guards in place • Credit Card and online payments encouraged. Cash transactions discouraged. • Schedules available on website and mobile app. Hard copies limited. • See the HEALTH & WELLNESS (pg. 10-11), or AQUATICS sections (pg.13), for details regarding Members attending outdoor fitness programs and aquatics programs in Stage 1. 	<ul style="list-style-type: none"> • Stage 1 Safety Plan still in effect with the following additions for members inside the Y: <ul style="list-style-type: none"> • Masks required by members and members must disinfect hands upon entering. • New/renewing Members must complete a Membership Waiver • Members must complete daily health screening questions upon arrival. • Members check-in with touchless scanner using phone or key tag • Coffee service suspended • Lost/found items will be discarded/donated after 48 hours. 	<ul style="list-style-type: none"> • Stage 2 Safety Plan still in effect.
CLEANING	<ul style="list-style-type: none"> • High Touch surfaces cleaned minimum of every 2 hours • Work stations cleaned minimum of every hour, plus before and after shift changes. 	<ul style="list-style-type: none"> • Stage 1 Cleaning Plan still in effect. 	<ul style="list-style-type: none"> • Stage 1 Cleaning plan still in effect.

HALLWAYS STAIRCASES ELEVATORS	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • Masks required by Staff, Members & Vendors • Traffic patterns marked • 6 FT social distance required. • Hand sanitizer stations are easily accessible • NO CONGREGATING. 	<ul style="list-style-type: none"> • Stage 1 Safety Plan still in effect. • 1 Person/Family/Couple on the stairs at a time • 1 Person/Family/Couple in the Elevator at a time 	<ul style="list-style-type: none"> • Stage 2 Safety Plan still in effect.
CLEANING	<ul style="list-style-type: none"> • All surfaces cleaned a minimum of every 2 hours 	<ul style="list-style-type: none"> • Stage 1 Cleaning Plan still in effect. 	<ul style="list-style-type: none"> • Stage 1 Cleaning Plan still in effect.
RESTROOMS	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • Open with signs posted to enforce proper hand sanitizing: Wash hands with soap & water for 20 seconds. • Reduced capacity • No changing of clothes 	<ul style="list-style-type: none"> • Stage 1 Safety Plan still in effect. 	<ul style="list-style-type: none"> • Stage 1 Safety Plan still in effect.
CLEANING	<ul style="list-style-type: none"> • All surfaces cleaned a minimum of every 2 hrs 	<ul style="list-style-type: none"> • Stage 1 Cleaning Plan still in effect. 	<ul style="list-style-type: none"> • Stage 1 Cleaning Plan still in effect.
LOCKER ROOMS	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • CLOSED with the exception of a temporary Men's & Women's Locker Room for Lap Swimmers ONLY in Middletown (See AQUATICS section for details) 	<ul style="list-style-type: none"> • Middletown Adult and Family Locker Rooms open with restrictions and reduced capacity. • NO showers available • SOFY Adult locker rooms and showers will NOT be available. • Sauna & Steam Rooms remain CLOSED 	<ul style="list-style-type: none"> • Capacity TBD • Sauna & Steam Rooms remain CLOSED • SOFY Locker rooms TBD • Showers TBD
CLEANING	<ul style="list-style-type: none"> • See AQUATICS SECTION for details 	<ul style="list-style-type: none"> • All surfaces cleaned a minimum of every 2 hours 	<ul style="list-style-type: none"> • Stage 2 Cleaning Plan still in effect.

HEALTH & WELLNESS			
CARDIO & WEIGHT TRAINING	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • Outdoor workouts only by reservation. • 45 minute limit • Masks required during the check-in process: <ul style="list-style-type: none"> • New/renewing Members must complete a Membership Waiver • Members must complete daily health screening questions upon arrival. • Masks are not required during work out • Masks required by Staff at all times. • 1 person per station • Members will have personal sanitizing bottle and paper towels for cleaning before and after use. • Staff will also clean equipment before and after use by members. • Hand sanitizer stations available. 	<ul style="list-style-type: none"> • Stage 1 Safety Plan still in effect for Outdoor workouts. • Indoor workouts are limited to 90 minutes. • Masks are required indoors at all times. • Fitness spaces/rooms have been reconfigured or re-purposed per social distancing guidelines. • Some spaces/rooms are marked closed at this time (vary by branch). • Machines and equipment spaced to allow for proper social distancing or may be marked as unavailable. • 1 person per station • 1 lane open on indoor track. Must social distance at all times (Middletown only) • Traditional circuit training prohibited. Members must use one machine at a time. • Maximum capacity posted for each area and enforced by Staff. • Hand sanitizer stations available. 	<ul style="list-style-type: none"> • Updated plan to follow
CLEANING	<ul style="list-style-type: none"> • Wellness Staff cleans equipment between uses. • Members take their own disinfecting spray bottle upon passing health screening and must clean machines & equipment before and after use. • Used spray bottles must be returned to designated return station and are cleaned between uses by Wellness Staff. 	<ul style="list-style-type: none"> • Stage 1 Cleaning Plan still in effect for Outdoor workouts. • Wellness Staff cleans equipment between uses. • Members take their own disinfecting spray bottle upon entering the Wellness Center and must clean machines & equipment before and after use. • Used spray bottles must be returned to designated return station and are cleaned between uses by Wellness Staff. 	<ul style="list-style-type: none"> • Updated plan to follow

PERSONAL TRAINING & SMALL GROUP TRAINING	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • PT/SGT outdoors only. 	<ul style="list-style-type: none"> • PT/SGT outdoor/indoor options available • Proper social distance between participants • Masks not required while working out outdoors • Masks required by Staff 	<ul style="list-style-type: none"> • Updated plans to follow
CLEANING	<ul style="list-style-type: none"> • Designated station surfaces and equipment cleaned before and after use. 	<ul style="list-style-type: none"> • Designated station surfaces and equipment cleaned before and after use. 	<ul style="list-style-type: none"> • Updated plans to follow
GROUP EXERCISE CLASSES	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • Outdoor Classes, by reservation only, following social distancing guidelines • No masks required while working out. • Masks required by Staff & Members before and after class (outside of individual workout stations) • Individual stations marked with a minimum requirement of 6 feet distancing • Class Schedule limited to allow adequate cleaning of the space and equipment between classes and efficient set up time. 	<ul style="list-style-type: none"> • Stage 1 Safety Plan still in effect for outdoor classes. • Classes may be relocated indoors by reservation only as guidelines change and will require masks to be worn at all times. 	<ul style="list-style-type: none"> • Updated plans to follow
CLEANING	<ul style="list-style-type: none"> • Instructor/Wellness Staff cleans equipment before and after each use • Members receive their own disinfecting spray bottle and towels and must clean equipment before and after use. • Used spray bottles are cleaned between classes by Wellness Staff. 	<ul style="list-style-type: none"> • Stage 1 Cleaning Plan still in effect. 	<ul style="list-style-type: none"> • Updated plans to follow

YMCA BOXING	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • No boxing at this time 	<ul style="list-style-type: none"> • Boxing Program TBD 	<ul style="list-style-type: none"> • Boxing Program TBD
NEW BREED BOXING	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • No boxing at this time 	<ul style="list-style-type: none"> • New Breed Boxing TBD 	<ul style="list-style-type: none"> • New Breed Boxing TBD
GYMNASIUM	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • Indoor gym is closed for this stage. 	<ul style="list-style-type: none"> • Based on guidelines, and approval to be used for Group Exercise Classes following social distancing guidelines (see details under GROUP EXERCISE CLASSES) • No Adult Sports at this time: <ul style="list-style-type: none"> • NO Basketball • NO Pickleball • NO Volleyball 	<ul style="list-style-type: none"> • Updated plans to follow
CLEANING		<ul style="list-style-type: none"> • All surfaces cleaned before and after use. • No shared equipment use 	<ul style="list-style-type: none"> • Updated plans to follow

AQUATICS

POOL	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • Masks required when not in the pool. • Summer Camp using the pool (began July 6th) following NYS guidelines • Enter/Exit Pool Door with Health Screening at the door • Personal belongings kept poolside • Lap Swim/Aquacize/ Family Swim <ul style="list-style-type: none"> • By reservation • Family Swim groups must all be on same YMCA Family Membership account • Locker Rooms available for changing only. NO SHOWERS. • Must bring own equipment • 45 Minute limit • 1 Person per lane • Swim Team <ul style="list-style-type: none"> • Following USA Swimming recommendations for pool set up. • Personal belongings kept poolside • Restrooms only. NO SHOWERS and NO CHANGING AREA. • Must bring own equipment • 1 Group/Program in the pool area at a time • No bleacher seating • No pool toys • Aquatics Training Room for small groups as needed only (Closed between use) 	<ul style="list-style-type: none"> • Stage 1 Safety Plan still in effect with the following changes: <ul style="list-style-type: none"> • Enter/exit through main lobby during normal business hours for check-in and health screening. • Enter/exit through side pool door for check-in and health screening ONLY when main building is closed. • Lap swimmers and Aquacize classes use Men's & Women's Locker Rooms— NO SHOWERS • Lap swim sessions available for a maximum of 1 or 2 lap swimmers per lane • Family Swim uses Family/Unisex Locker Rooms- NO SHOWERS • Swim Lessons <ul style="list-style-type: none"> • Begin Sept 14th • Family/Unisex Locker Rooms - NO SHOWERS • 1 Spectator per child. Spectator must be a Y member and wear a mask at all times. • Spectators will sit in marked spots on the bleachers 	<ul style="list-style-type: none"> • Stage 2 Safety Plan still in effect with additional classes/programs added.
CLEANING	<ul style="list-style-type: none"> • Locker Rooms disinfected between groups. • All pool equipment disinfected between groups by Aquatics Staff. • Lifeguards disinfect chair, rescue tubes and table before and after shifts • Aquatics Training Room: All surfaces cleaned before and after use. 	<ul style="list-style-type: none"> • Stage 1 Cleaning Plan still in effect between groups in pool area • Locker Room surfaces cleaned a minimum of every 2 hrs 	<ul style="list-style-type: none"> • Stage 2 Cleaning Plan still in effect.

CHILD WATCH & YOUTH CENTER

CHILD WATCH	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • NO indoor CW • Kids Time outside at SOFY, by reservation <ul style="list-style-type: none"> • Masks required when unable to socially distance and during the check-in process: • New/renewing Members must complete a Membership Waiver for Minors • Members must complete daily health screening questions upon arrival. • No shared supplies. 	<ul style="list-style-type: none"> • Stage 1 Safety Plan still in effect 	<ul style="list-style-type: none"> • Updated plans to follow
CLEANING	<ul style="list-style-type: none"> • All supplies and toys cleaned before and after each use. 	<ul style="list-style-type: none"> • Stage 1 Cleaning Plan still in effect 	<ul style="list-style-type: none"> • Updated plans to follow
YOUTH CENTER	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> • No indoor YC • Kids Time outside at SOFY, by reservation <ul style="list-style-type: none"> • Masks required when unable to socially distance and during the check-in process: • New/renewing Members must complete a Membership Waiver for Minors • Members must complete daily health screening questions upon arrival. • No shared supplies. 	<ul style="list-style-type: none"> • Stage 1 Safety Plan still in effect 	<ul style="list-style-type: none"> • Updated plans to follow
CLEANING	<ul style="list-style-type: none"> • All supplies and toys cleaned before and after each use. 	<ul style="list-style-type: none"> • Stage 1 Cleaning Plan still in effect 	<ul style="list-style-type: none"> • Updated plans to follow

SEASONAL PROGRAMS			
YOUTH PROGRAMS	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> No Youth Programs at this time. 	<ul style="list-style-type: none"> Fall Program Session begins Sept 14th Limited capacity due to social distancing Skill and drill based activities. Masks required when traveling through the building but not during the program once socially distanced from others 1 spectator per child. Spectator must be a Y member and wear a mask at all times. Spectators will sit/stand in designated areas No shared equipment. See AQUATICS (pg.13), for details on swim lessons. 	<ul style="list-style-type: none"> Additional Program session plans to follow
CLEANING		<ul style="list-style-type: none"> Equipment disinfected before and after each program. 	<ul style="list-style-type: none"> Stage 2 Cleaning Plan still in effect.
FAMILY PROGRAMS			
FAMILY PROGRAMS	STAGE 1	STAGE 2	STAGE 3
SAFETY PLAN	<ul style="list-style-type: none"> Family based programs in Middletown—Refer to HEALTH & WELLNESS (pg. 10-11), or AQUATICS (pg.13), for details. No Family based programs in SOFY at this time 	<ul style="list-style-type: none"> Family based programs in Middletown—Refer to Group Ex and Pool Schedules. Fall Program Session begins Sept 14th in SOFY Masks required by adults at all times. Masks required by children when traveling through the building but not during the program once socially distanced from others. No masks for children 2 and under. 	<ul style="list-style-type: none"> Updated plans to follow
CLEANING	<ul style="list-style-type: none"> All department cleaning guidelines to be followed. 	<ul style="list-style-type: none"> Stage 1 Cleaning Plan still in effect. 	<ul style="list-style-type: none"> Stage 1 Cleaning Plan still in effect.