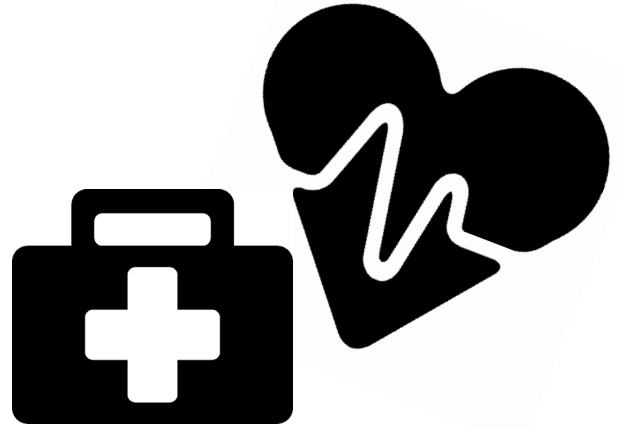




FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**Red Cross Classes 2019**  
**SOUTH ORANGE FAMILY YMCA**  
45 Gilbert Street Extension, Monroe, NY 10950



For more information please contact Danielle McAvinue at:  
(P) 845 956 1549 or (E) dmcavinue@middletownymca.org

**Lifeguard Training**

- Must be 15 years old by the last day of the class
- Must be able to swim 300 yards with your face in the water, retrieve 10 pound object from 7 feet of water, swim 20 yards on your back with the object in your hand, and tread water for 2 minutes
- All classes must be attended (NO EXCEPTIONS)
- Please be on time for all class sessions
- Upon successful completion certification will include: Lifeguarding, CPR, AED, and First Aid

Course Number	Course Name	Course Date	Schedule	YMCA Member Fee	Program Member Fee
A	CPR for the professional with First Aid	Jan 13	10:00am-7:00pm	\$125	\$175
B	CPR Recertification <b>Must bring current certification.</b>	Feb 9	10:00am- 3:00pm	\$100	\$125
C	CPR Recertification <b>Must bring current certification.</b>	March 13	5:00pm-10:00pm	\$100	\$125
D	CPR for the professional with First Aid	April 7	10:00am-7:00pm	\$125	\$175
E	Lifeguard Training <b>Please Note: The 5/5 and 5/11 sessions will be held at the YMCA of Middletown building. All sessions must be attended to complete this course.</b>	May 5 May 6, 7, 9 May 11	10:00am-6:00pm 5:00pm-10:00pm 10:00am-6:00pm	\$325	\$375
G	CPR for the professional with First Aid	June 10 & 12	5:00pm-10:00pm	\$125	\$175

**American Red Cross Courses - Registration Form**

Course Name \_\_\_\_\_ Course Number \_\_\_\_\_

NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_ STUDENT'S PHONE # \_\_\_\_\_

PAYMENT TYPE CHECK # \_\_\_\_\_ CREDIT CARD # \_\_\_\_\_ EXP \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PARENT/LEGAL GUARDIAN \_\_\_\_\_ EMERGENCY PHONE \_\_\_\_\_

I understand that I will only receive 50% of the course cost if the YMCA is not notified of cancelation 7 days prior to the start date. Refunds are not available once the class begins. (Initials) \_\_\_\_\_

I understand that all pre-requisite swim tests will be given on the first day of class and I must pass them in order to participate in Lifeguarding and WSI classes. (Initials) \_\_\_\_\_

I understand that if I do not pass the pre-requisite course a \$50 processing fee will be deducted from my refund. (initials) \_\_\_\_\_

**Please mail the registration form to: Danielle McAvinue 81 Highland Avenue Middletown, NY 10940**