

VOLUNTEER WITH US!

Put your talents to work.

Much of the work we do would not be possible without the efforts and dedication from our volunteers.

From lending an extra hand at events to becoming an assistant instructor—it only takes a few hours each week to **make a difference.**

For more information or to become a volunteer contact:

Maximilian Mezetin
(P) 347 869 5316

(E) mmezetin@middletownymca.org

THE YMCA THANKS ALTO MUSIC FOR THEIR CONTINUED SUPPORT OF OUR PERFORMING ARTS PROGRAMS.



YMCA OF MIDDLETOWN

81 Highland Avenue
Middletown, NY 10940
(P) 845 344 9622

THE CENTER FOR YOUTH PROGRAMS

6 Liberty Street
Middletown, NY 10940
(P) 845 341 9622



www.middletownymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Performing Arts Programs

YMCA OF MIDDLETOWN &
THE CENTER FOR YOUTH PROGRAMS

Self-expression comes in different shapes and forms. The YMCA's Performing Arts Programs promote creativity while empowering artists of all ages to explore their passion.

2019 PERFORMING ARTS

Performing Arts programs require a seasonal commitment with monthly payments. **Registration must be done in person at the Welcome Center.**

Winter: January 7-March 25
Spring: April 8-June 17

Students must commit to fundraise through ticket sales for seasonal performances.

DANCE



Ballet

This ballet program concentrates on correct body alignment, strength and flexibility, and provides formal training in the foundations of classical ballet.

Instructor: Nadia Dragieva

Email: ballet@middletownymca.org

- New students must register by January 1-February 17th
- Uniforms required and may be purchased directly from Nadia.

1 Ballet Class Per Week	\$35/Month with YMCA Membership
	\$70/Month for Program Members

2 Ballet Classes Per Week	\$70/Month with YMCA Membership
	\$140/Month for Program Members

3 Ballet Classes Per Week	\$90/Month with YMCA Membership
	\$180/Month for Program Members

Pre-Ballet at The Center

All levels unless assigned to another class by the instructor.
Uniform: Any color leotard with pink tights and pink ballet slippers. Ballet skirts are optional.

Ages 4-6	Sat	10:00am-11:00am
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Ballet at The Center

All levels unless assigned to another class by the instructor.
Uniform: See Below

Ages 7-10	Sat	11:00am-12:00pm
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Uniform: Any color leotard, pink tights, pink ballet slippers.

Ages 11-14	Sat	1:30pm-2:30pm
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Uniform: Any color leotard, tights and ballet slippers.

Ages 15 & Older	Sat	2:30pm-3:30pm
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Uniform: Any color leotard, pink tights, pink ballet slippers. Ballet skirts are optional.

Intermediate Ballet at The Center

For returning dancers, by invitation only.

Uniform: Purple leotard, white tights, pink ballet slippers. No ballet skirts.

All Ages	Wed	5:00pm-7:00pm
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Level 1 at The Center

For advanced dancers, by invitation only.

Uniform: Blue leotard, white tights, pink ballet slippers. No ballet skirts.

All Ages	Wed	6:00pm-7:00pm
	Fri	5:00pm-6:00pm

Progressive Ballet Class (PBC) at Highland Ave

New and available only at the YMCA!

Mandatory for Intermediate and Level I dancers.

This program helps enhance technique by focusing on muscle memory and proper body alignment.

Uniform: Any color ballet unitard/biketard or leotard with leggings. No ballet slippers or skirts.

Intermediate & Level I	Sun	2:15pm-3:15pm
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Hip Hop at The Center

Express yourself through movement and music with a combination of hip-hop, jazz and modern dance styles.

Instructor: Patrice Hamilton

\$25/Month with YMCA Membership
\$50/Month for Program Members

Ages 4-6	Mon	4:30pm-5:15pm
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Ages 7-10	Mon	5:15pm-6:00pm
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Ages 11-17	Mon	6:00pm-6:45pm
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Private Lessons Are Available

Contact: Maximilian Mezetin

(P) 347 869 5316 (E) memax8@hotmail.com



SING



Adult Choir—One Voice United at The Center

Explore the power of music! Experience fun approaches to gospel and inspirational music. Prepare to perform songs for community events and recordings.

Instructor: Maximilian Mezetin

FREE with YMCA Membership

Ages 13 & Older	Wed	7:30pm-8:15pm
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Kids Choir at The Center

Join one of our YMCA Choir groups where you'll learn vocal performance, harmony, music theory, and perform at community events.

Instructor: Maximilian Mezetin

FREE with YMCA Membership

Ages 3-12	Fri	5:00pm-6:00pm
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PLAY



Guitar—Group Lessons at The Center

Introduction to guitar. Students must bring their guitar. If you do not own one, please contact Maximilian Mezetin.

Instructor: Chris Leon

\$30/Month with YMCA Membership
\$60/Month for Program Members

Ages 6 & Older	Tues	6:30pm-7:30pm
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YMCA Band—Instrumental Ensemble at The Center

Calling all musicians of any level and with any instrument. Bring your instrument and your music stand and together the group will inspire the community through music.

Instructor: Maximilian Mezetin

Contact Max for more details on practice schedules.

FREE with YMCA Membership

ALL Ages Practice days and times vary.

Music Appreciation Class at The Center

Learn music theory and introductory methods to rhythm, vocal performance, kazoo, recorder, piano, bells and more!

Instructor: Maximilian Mezetin

\$25/Month with YMCA Membership
\$50/Month for Program Members

Ages 3-6	Wed	5:00pm-5:30pm
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Violin—Group Lessons at The Center

Master the fundamentals of playing the violin. Students must bring their own violin.

Instructor: Madeline King

\$35/Month with YMCA Membership
\$70/Month for Program Members

Ages 5 & Older	Tues	5:30pm-6:30pm
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ACT



Gospel Theater Production/Adult Drama Team at The Center

Enhance your acting skills and vocal performance while learning production procedures for theater! Rehearse inspirational plays & skits to be performed at community events and recordings.

Instructors: Monet Gray & Maximilian Mezetin

FREE with YMCA Membership

Ages 13 & Older	Wed	6:30pm-7:30pm
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Stage Drama—Actin' Up at The Center

Learn or improve acting skills and take part in inspirational community events.

Instructor: Maximilian Mezetin

\$25/Month with YMCA Membership
\$50/Month for Program Members

Ages 5-13	Wed	5:30pm-6:30pm
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