

# VOLUNTEER WITH US!

## Put your talents to work.

Much of the work we do would not be possible without the efforts and dedication from our volunteers.

From lending an extra hand at events to becoming an assistant instructor—it only takes a few hours each week to **make a difference.**

For more information or to become a volunteer contact:

**Maximilian Mezetin**  
(P) 347 869 5316

(E) [mmezetin@middletownymca.org](mailto:mmezetin@middletownymca.org)

**THE YMCA THANKS ALTO MUSIC FOR THEIR CONTINUED SUPPORT OF OUR PERFORMING ARTS PROGRAMS.**

**AM** ALTO MUSIC  
ALTO MUSIC.COM

### YMCA OF MIDDLETOWN

81 Highland Avenue  
Middletown, NY 10940  
(P) 845 344 9622

### THE CENTER FOR YOUTH PROGRAMS

6 Liberty Street  
Middletown, NY 10940  
(P) 845 341 9622



[www.middletownymca.org](http://www.middletownymca.org)



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



## Performing Arts Programs

YMCA OF MIDDLETOWN &  
THE CENTER FOR YOUTH PROGRAMS

Self-expression comes in different shapes and forms. The YMCA's Performing Arts Programs promote creativity while empowering artists of all ages to explore their passion.

### 2019 PERFORMING ARTS

Performing Arts programs require a seasonal commitment with monthly payments. **Registration must be done in person at the Welcome Center.**

Winter: January 7-March 25  
Spring: April 8-June 17

Students must commit to fundraise through ticket sales for seasonal performances.

# DANCE



## Ballet

This ballet program concentrates on correct body alignment, strength and flexibility, and provides formal training in the foundations of classical ballet.

**Instructor:** Nadia Dragieva

**Email:** ballet@middletownymca.org

- New students must register by January 1-February 17th
- Uniforms required and may be purchased directly from Nadia.
- Class assignments are subject to change based on each student's skill set at the instructor's discretion.

1 Ballet Class Per Week	\$35/Month with YMCA Membership \$70/Month for Program Members
2 Ballet Classes Per Week	\$70/Month with YMCA Membership \$140/Month for Program Members
3 Ballet Classes Per Week	\$90/Month with YMCA Membership \$180/Month for Program Members

## Pre-Ballet at The Center

All levels unless assigned to another class by the instructor.  
**Uniform:** Any color leotard with pink tights and pink ballet slippers. Ballet skirts are optional.

Ages 4-6	Sat	11:00am-12:00pm
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## Ballet 1 at The Center

All levels unless assigned to another class by the instructor.  
**Uniform:** Any color leotard, pink tights, pink ballet slippers.

Ages 7-10	Beg.	Sat	12:00pm-1:00pm
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## Ballet 2 at The Center

**By invitation only.**

**Uniform:** Any color leotard, pink tights, pink ballet slippers.

Ages 7-10	Fri	4:15pm-5:15pm
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## Ballet at The Center

All levels unless assigned to another class by the instructor.  
**Uniform:** Any color leotard, pink tights, pink ballet slippers. Ballet skirts are optional.

Ages 14 & Older	Sat	2:30pm-3:30pm
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## Intermediate Ballet at The Center

**For returning dancers, by invitation only.**

**Uniform:** Purple leotard, white tights, pink ballet slippers. No ballet skirts.

All Ages	Wed	5:00pm-7:00pm
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## Level 1 at The Center

**For advanced dancers, by invitation only.**

**Uniform:** Blue leotard, white tights, pink ballet slippers. No ballet skirts.

All Ages	Fri	5:15pm-6:15pm
	Sat	1:00pm-2:00pm

## Progressive Ballet Class (PBC) at Highland Ave

Available only at the YMCA!

Mandatory for Intermediate and Level I dancers.

This program helps enhance technique by focusing on muscle memory and proper body alignment.

**Uniform:** Any color ballet unitard/biketard or leotard with leggings. No ballet slippers or skirts.

Ages 6 & Older	All levels	Sun	2:15pm-3:15pm
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## Hip Hop at The Center

Express yourself through movement and music with a combination of hip-hop, jazz and modern dance styles.

**Instructor:** Patrice Hamilton

\$25/Month with YMCA Membership

\$50/Month for Program Members

Ages 4-6	Mon	4:30pm-5:15pm
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Ages 7-10	Mon	5:15pm-6:00pm
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Ages 11-17	Mon	6:00pm-6:45pm
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## Private Lessons Are Available

**Contact:** Maximilian Mezetin

(P) 347 869 5316 (E) memax8@hotmail.com



# SING



## Adult Choir-One Voice United at The Center

Explore the power of music! Experience fun approaches to gospel and inspirational music. Prepare to perform songs for community events and recordings.

**Instructor:** Maximilian Mezetin

FREE with YMCA Membership

Ages 13 & Older	Wed	7:30pm-8:15pm
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## Kids Choir at The Center

Join one of our YMCA Choir groups where you'll learn vocal performance, harmony, music theory, and perform at community events.

**Instructor:** Maximilian Mezetin

FREE with YMCA Membership

Ages 3-12	Tues	5:00pm-6:00pm
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# PLAY



## Guitar-Group Lessons at The Center

Introduction to guitar. Students must bring their guitar. If you do not own one, please contact Maximilian Mezetin.

**Instructor:** Chris Leon

\$30/Month with YMCA Membership

\$60/Month for Program Members

Ages 6 & Older	Tues	6:30pm-7:30pm
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## YMCA Band-Instrumental Ensemble at The Center

Calling all musicians of any level and with any instrument. Bring your instrument and your music stand and together the group will inspire the community through music.

**Instructor:** Maximilian Mezetin

Contact Max for more details on practice schedules.

FREE with YMCA Membership

ALL Ages Practice days and times vary.

## Music Appreciation Class at The Center

Learn music theory and introductory methods to rhythm, vocal performance, kazoo, recorder, piano, bells and more!

**Instructor:** Maximilian Mezetin

\$25/Month with YMCA Membership

\$50/Month for Program Members

Ages 3-6	Wed	5:00pm-5:30pm
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## Violin-Group Lessons at The Center

Master the fundamentals of playing the violin. Students must bring their own violin.

**Instructor:** Madeline King

\$35/Month with YMCA Membership

\$70/Month for Program Members

Ages 5 & Older	Tues	5:30pm-6:30pm
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# ACT



## Gospel Theater Production/Adult Drama Team at The Center

Enhance your acting skills and vocal performance while learning production procedures for theater! Rehearse inspirational plays & skits to be performed at community events and recordings.

**Instructors:** Monet Gray & Maximilian Mezetin

FREE with YMCA Membership

Ages 13 & Older	Wed	6:30pm-7:30pm
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## Stage Drama-Actin' Up at The Center

Learn or improve acting skills and take part in inspirational community events.

**Instructor:** Maximilian Mezetin

\$25/Month with YMCA Membership

\$50/Month for Program Members

Ages 5-13	Wed	5:30pm-6:30pm
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