



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SOUTH ORANGE FAMILY YMCA FALL GYM SCHEDULE

Effective Nov 1, 2011- Feb 5, 2011

45 Gilbert Street Extension
Monroe, NY 10950
845.782.9622

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-9:30am	5:30am-9:30am	5:30am-9:30am	5:30am-9:00am	5:30am-9:30am	7:00am-8:30am	8:00am-9:00am
Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Adult Soccer	Adult Basketball
9:30am-10:00am	9:30am-10:00am	9:30am-10:00am	9:00am-9:45am	9:30am-10:00am	9:00am-9:45am	9:00am-9:45am
Inspire	Inspire	Child Watch	Multi Sports	Inspire	Mini Multi Sports	Football Wall to Wall
10:10:45am	10:00am-10:45am	10:00am-10:45am	9:45am-10:30am	10:00am-10:45am	10am-10:45am	10:00am-10:45am
Pee Wee Soccer	Child Watch	Multi Sports	Child Watch	Pee Wee Basketball	Pee Wee Soccer	Football Wall to Wall
11:00-11:45am	11:00am-12:30pm	11:00am-11:45am	10:30am-3:15pm	10:45am-11:30am	11:00am-11:45am	11:00am-11:45am
Child Watch	Open Gym	Child Watch	Open Gym	Child Watch	Pee Wee Soccer	Pee Wee Soccer
11:45am-1:45pm	12:30-1:00pm	12:00pm-1:00pm	3:15pm-4:00pm	11:30am-12:30pm	11:45am-1:00pm	11:45-1:00pm
Open Gym	Inspire	Open Gym	Sports Rec Program	Open Gym	Youth Center	Youth Center
2:00-2:45pm	1:00pm-3:15pm	1:00pm-1:45pm	4:00pm-5:00pm	12:30pm-1:00pm	1:00pm-1:45pm	1:00pm-1:45pm
Pee Multi Sports	Open Gym	Open Gym	Teen Gym	Inspire	Basketball 5-6	5-8yr old Tennis
3:15pm-4:15pm	3:15pm-4:00pm	2:00pm-2:45pm	5:00pm-5:45pm	1:00pm-3:15pm	2:00pm-2:45pm	2:00pm-2:45pm
Rec Program	Rec Program	Pee Wee Soccer	Family Gym	Open Gym	Fit Kids	9-12 yr old Tennis
4:15pm-5:45pm	4:00pm-5:00pm	3:15pm-4:15pm	5:45pm-7:30pm	3:15pm-4:15pm	3:00pm-3:45pm	
Teen Gym	Teen Gym	Rec Program	Youth Center	Rec Program	S.C.O.R.E.	
5:45pm-7:30pm	5:00pm-5:45pm	4:15pm-5:45pm		4:15pm-5:30pm	4:00-5:00pm	3:00-4:00pm
Youth Center	Family Gym	Teen GYM		Teen Gym	Basketball 7-9yrs old	Teen Gym
7:30pm-8:00pm	5:45pm-7:30pm	5:45pm-7:30pm	7:30pm-8:00pm	5:30-7:00		
Family Gym	Youth Center	Youth Center	Family Gym	Youth Center		
8:00pm-9:15pm	7:30pm-8:00pm	7:30pm-8:00pm	8:15pm-9:15pm	7:00-7:45		
Teen Basketball	Family Gym	Family Gym	Teen VolleyBall	Family Gym		
	8:00pm-9:15pm	8:00pm-9:15pm		8:00-9:15pm		
	Adult Soccer	Adult Volleyball		Teen Basketball		