



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FITNESS & FUN

**Child Watch & Youth Fitness and Recreation Center
YMCA OF MIDDLETOWN**



- Child Watch and YFRC is a benefit of your YMCA Family Membership.
- Children must be signed in to these areas by a parent/guardian who is part of their Family Membership.
- The parent/guardian must remain in the building at all times.
- There is a 2 hour limit per day and areas are subject to close temporarily when capacity is reached based on our staff to child ratio.

* = trial basis	Child Watch Ages 3 months –5 years (5 year olds in Preschool)	YFRC Ages 5 years –12 years (5 year olds in Kindergarten)	
	Year Round Hours June 27, 2016-June 25, 2017	Summer Hours June 27, 2016-September 2, 2016	School Year Hours September 3, 2016-June 25, 2017
	Monday	8:45am-1:00pm 4:15pm-8:00pm	8:45am-1:00pm 4:15pm-8:15pm
Tuesday	8:45am-1:00pm 4:15pm-8:00pm	8:45am-1:00pm 4:15pm-9:15pm	4:15pm-9:15pm
Wednesday	8:45am-1:00pm 4:15pm-8:00pm	8:45am-1:00pm 4:15pm-8:15pm	4:15pm-8:15pm
Thursday	8:45am-1:00pm 4:15pm-8:00pm	8:45am-1:00pm 4:15pm-9:15pm	4:15pm-9:15pm
Friday	8:45am-1:00pm 4:45pm-8:00pm*	8:45am-1:00pm 4:45pm-7:15pm	4:45pm-9:15pm*
Saturday	8:00am-1:00pm	8:00am-1:00pm	8:00am-1:00pm
Sunday	8:30am-12:45pm	8:30am-12:45pm	8:30am-12:45pm

Please note:

YFRC will be open for additional morning hours throughout the school year, when kids have off from school. Dates and times will be posted at the Welcome Center in advance.

YMCA OF MIDDLETOWN

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