

Auburn YMCA-WEIU
Auburn YMCA
27 William St, Auburn
315-253-5304
Skaneateles YMCA & Comm. Ctr.
97 State St, Skaneateles
315-685-2266

Capital District YMCA
Albany Branch
616 N. Pearl St., Albany
518-463-9622
Bethlehem Branch
900 Delaware Ave. Delmar
518-439-4394
Duanesburg Branch
221 Victoria Drive
Delanson, NY 12053
518-895-9500
Glenville Branch
127 Droms Rd., Glenville
518-399-8118
Greenbush Branch
20 Community Way, E. Greenbush
518-477-2570
Greene County
370 Mansion St., W. Coxsackie
518-731-7529
Guilderland Branch
250 Winding Brook Dr., Guilderland
518-456-3634
Schenectady Branch
433 State St., Schenectady
518-881-0117
Southern Saratoga Branch
1 Wall St., Clifton Park
518-371-2139
Troy Branch
2500 21st St., Troy
518-272-5900

Clifton Springs Area YMCA
5 Crane St., Clifton Springs
315-462-6184

Cortland County YMCA
22 Tompkins St, Cortland
607-756-2893

Family YMCA of Tarrytown
62 Main St., Tarrytown
914-631-4807

Fulton YMCA
715 Broadway, Fulton
315-598-9622

Geneva Family YMCA
399 William St., Geneva
315-789-1616

Family YMCA of the Glens Falls Area
600 Glen St., Glens Falls
518-793-3878

GLOW YMCA
Genesee County YMCA
209 East Main St., Batavia
585-344-1664
Orleans County YMCA
306 Pearl St., Medina
585-798-2040
Wyoming County YMCA
115 Linwood Ave., Warsaw
585-786-2880

Hornell Family YMCA
18 Center St., Hornell
607-324-5520

Ithaca & Tompkins County YMCA
50 Graham Rd W., Ithaca
607-257-0101

Jamestown Area YMCA
Jamestown YMCA
101 E. Fourth St., Jamestown
716-664-2802
Lakewood YMCA
183 E. Fairmount Ave., Lakewood
716-763-0303

Little Falls YMCA
15 Jackson St, Little Falls
315-823-1740

Lockport Family YMCA
19 E. Ave., Lockport
716-434-8887

Mohawk Valley YMCA
83 E. Main St, Mohawk
315-866-6570

Norwich YMCA
68 N. Broad St., Norwich
607-336-9622

Olean – Bradford YMCA
Bradford YMCA
59 Boylston St, Bradford, PA
814-368-6101
Olean YMCA
1101 Wayne St., Olean
716-373-2400

Oneonta Family YMCA
20 - 26 Ford Ave, Oneonta
607-432-0010

Oswego YMCA
249 W. 1st St, Oswego
315-343-1981

Plattsburgh YMCA
17 Oak St., Plattsburgh
518-561-4290

Rockland County YMCA
35 S. Broadway, Nyack
845-358-0245

Saratoga Regional YMCA
Battenkill Branch
184 Main St., Greenwich
518-587-3110
Corinth Branch
119 Gabriel Rd., Corinth
518-583-9697
Malta Branch
100 Saratoga Village Blvd. #22, Malta
518-583-9623
Saratoga Springs Branch
290 West Ave., Saratoga
Springs 518-583-9622
Wilton Branch
20 Old Gick Rd., Saratoga
Springs 518-587-3000

Watertown YMCA Carthage YMCA
250 State St, Carthage
315-493-3286
Fairgrounds YMCA
585 Rand Dr., Watertown
315-755-9622
Watertown Family YMCA
119 Washington St, Watertown
315-782-3100

White Plains YMCA
250 Mamaroneck Ave., White Plains
914-949-8030

YMCA of Broome County
Binghamton YMCA
61 Susquehanna St, Binghamton
607-772-0560
West Family Branch YMCA
740 Main St, Johnson City
607-770-9622

YMCA of Greater Syracuse East
Area Branch YMCA 200
Towne Dr., Fayetteville
315-637-2025
Downtown YMCA
340 Montgomery St, Syracuse
315-474-6851
Manilus YMCA
140 W. Seneca St., Manilus
315-692-4777
North Area Branch YMCA
4775 Wetzel Rd, Liverpool
315-451-2562
Northwest Family YMCA
8040 River Rd., Baldwinsville
315-303-5966
Southwest YMCA at OCC
4585 West Seneca Turnpike, Syracuse
315-498-2699

YMCA of Long Island
Brookhaven Roe YMCA Center
155 Buckley Rd., Holtsville
631-289-4440
Great South Bay YMCA
200 W. Main St., Bay Shore
631-665-4255

Huntington YMCA
60 Main St., Huntington
631-421-4242
Patchogue Family YMCA
255 W. Main St., Patchogue
631-891-1800
YMCA at Glen Cove
125 Dosoris Ln., Glen Cove
516-671-8270
YMCA E. Hampton RECenter
2 Gingerbread Ln., E. Hampton
631-329-6884

YMCA of Middletown
YMCA of Middletown
81 Highland Ave., Middletown
845-344-9622
South Orange Family YMCA
45 Gilbert St. Ext., Monroe
845-782-9622
YMCA of Sullivan County
98 Wild Turnpike, Rock Hill
845-796-0160

YMCA of the Greater Tri-Valley
Oneida Family YMCA
701 Seneca St, Oneida
315-363-7788
Rome Family YMCA
301 W Bloomfield St, Rome
315-336-3500



Your local Y membership now gives you more!

Now you can use your Y Membership at other YMCAs in New York.

- The New York State Reciprocal Membership Program includes free use of the standard YMCA facilities, typically swimming pools, gymnasiums, racquetball courts and wellness centers.
- Reciprocal Membership is available to all full facility YMCA members.
- Your local YMCA is considered your "home" YMCA.
- Visiting members must check-in at each YMCA with a valid membership card and present a photo id.
- Check with the individual YMCA for policies, procedures, schedules, and program fees.

Your valid membership I.D. card will give you facility access to any of the Ys listed inside.



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**MEMBERSHIP GIVES
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