

Program Director Wellness: YMCA of Middletown Middletown branch

Under the general direction of the COO of the Association, the position will provide overall leadership, vision and day to day operation of the Wellness Department of the Middletown branch. This is a full time exempt professional position that will lead a staff team of thirty plus professionals in a high functioning YMCA serving all of Orange and Sullivan Counties in New York.

Salary level:

Range of 36-48k with a rich benefits package, including health insurance, paid holidays, vacation time and retirement plan paid for by the YMCA.

Qualifications:

- BA/BS in exercise science or related field, or equivalent experience preferred.
- Minimum of three to five years of experience in wellness programming, with at least two years supervisory experience.
- Strong understanding of how to build and sustain relationships.
- Strong interpersonal and organizational skills a must. Incumbent must be a self- starter, with proven ability to motivate and inspire a diverse team.
- Personal track record of exercise, nutrition, healthy living and helping others live a healthier lifestyle. Preference will be given to candidates with experience and YMCA certification.

Principal Activities:

- Overall responsibility for all Wellness, Group Fitness, Base Camp, and Personal training programs.
- Hire, train, schedule, support , evaluate and INSPIRE all staff.
- Monitor all staff certifications-maintain current.
- Create group fitness program offerings-schedule classes.
- Stay abreast of class attendance and react appropriately.
- Personally teach classes-personal training-20% of time.
- Create and implement motivational programs (summer cycling tour, winter meltdown, etc)
- Monitor /maintain fitness equipment, schedule repairs and order parts as needed.
- Advocate for department-equipment, training, visibility.
- Coordinate all marketing for programs and work with Association Marketing department
- Assist with Director on Duty coverage as scheduled.
- Develop and work with the constraints of an annual operating budget-react to enrollment trends both positive and negative. Process payroll accurately and on a timely basis.
- Cultivate and nurture community partnerships: organizations, businesses, medical.
- Attend YMCA management staff meetings as required. Orchestrate/provide leadership to staff meetings for direct reports.
- Assume responsibility for personal professional development-keep up to date with research/data on fitness industry and same for direct reports.
- Identify potential volunteers: committees, Strong Kids campaign, and board.
- Provide staff support to the Strong Kids campaign-contribute personally.

- Attend and support all YMCA wide events-HKday, Halloween events, Race, Annual meeting, SK Kickoff and Wrap Up-goal is to support each other in these events.
- Provide overall leadership to Annual Community 5k race.
- Provide outstanding customer service and always exemplify the four core values of the YMCA in all interactions.

Apply (Cover letter, resume'-attach credentials) to:

Ira Besdansky CEO

YMCA of Middletown 81 Highland avenue Middletown, NY 10940

Or Email: ibesdansky@middletownymca.org

Applications received by August 20th

Interviews: Week of August 28th

Decision/offer made by September 10th