



Miss Donna's October News

Hope this newsletter finds both parents and children happy and well adjusted to preschool. Below you will find information for this month.

- **BATHROOM / DROP OFF/PICK UP/ PROPER DRESS**

Please encourage your child to try to go to the bathroom before entering preschool. It is also important to make every effort to drop off and pick up your child on time. It is difficult for your child to get acclimated to the day's activities if you arrive late and it can be stressful for your child if you do not pick up on time. Please make sure you dress your child in comfortable clothes and shoes. Sneakers are preferable as we will be going into the gym and playing outside.

- **SNACK**

If you would like your child to bring snack for the class, please speak to Miss Donna.

Some great snack ideas are:

fruit snacks raisins applesauce cheese and crackers cereal Jello
plain cookies sandwiches yogurt pretzels ice cream
fresh/canned fruit vegetables and dip pudding

Please save cupcakes, cakes and brownies for birthdays and special holidays. Please try to avoid any snacks that contain any type of nuts, as we have a number of children with nut allergies. **Always provide napkins, spoons and plates when necessary if you are providing snack for the class.**

When you send your child with a drink and/or snack, please have it clearly marked with your child's name.

- **SWIMMING**

Swimming will be on Tuesdays and will start on Tuesday, October 20th. Please understand that children must wear their **bathing suits under their clothes (girls wearing a two piece bathing suit makes bathroom time a lot easier)**. Each child will need to bring a bag or backpack (clearly marked) with a towel and underclothes. Please also send appropriate footwear for the pool, such as sandals, aqua shoes or slippers. Swim bags are to be left outside in the **tall, narrow** cubbies until swim time. Please make sure your child's name is on their bag.

Swimming is held the last half hour of class. On swim days, your child will get ready for swimming in the classroom. The teachers will then escort the children down to the pool and stay at pool-side, while the aquatic instructors teach class and the lifeguard supervises the pool. You must pick up your child down in the pool area at regular dismissal time. Prior to picking up your child at the pool, please stop by the classroom and pick up your child's swim bag, so you will be able to change your child after swimming. Please be advised that when you are down at the pool **no street shoes are allowed.** Children will not be dismissed in the pool hallway. Parents must come all the way in to the pool area. If you would like to observe swimming class, please come down for the last 15 minutes of class only. If your child is not swimming you must pick up your child prior to the class leaving to go down to the pool.

- **HALLOWEEN PARTY**

A notice will go out soon about the Halloween Party. Along with a small Halloween party, each class will have the opportunity to trick or treat through the Y offices. Our party will be held on Friday, October 30th.

- **PARKING**

When parking please be reminded that there is an additional parking lot located behind the ELKS parking lot on Prospect Street. Just follow the sidewalk around to the front of the building. Please do not park in the Elks or temple parking lot.

- **NO SCHOOL**

Please take note that there will be no school on Monday, October 12th.